Links & Resources

**Mental Health Links**   
The following links are listed to provide you with additional online mental health care information and counseling resources.

**Addiction and Recovery**   
[Alcoholics Anonymous](http://www.alcoholics-anonymous.org/)   
[Center for On-Line Addiction](http://netaddiction.com/)[SAMHSA's Substance Abuse/Addiction](http://www.samhsa.gov/prevention/)   
[SAMHSA's Treatment and Recovery](http://www.samhsa.gov/treatment/)   
[Web of Addictions](http://www.well.com/user/woa/)[Inpatient Drug Rehab](https://www.addictioncenter.com/)

**Anxiety Disorders**   
[Answers to Your Questions About Panic Disorder](https://www.apa.org/topics/anxiety/panic-disorder.aspx)  
[National Center for PTSD](http://www.ncptsd.va.gov/)   
[Obsessive-compulsive disorder (OCD), Mayo Clinic](https://www.mayoclinic.com/health/obsessive-compulsive-disorder/DS00189)   
[Calm Clinic](http://www.calmclinic.com/)

**Associations & Institutes**   
[American Academy of Child & Adolescent Psychiatry](http://www.aacap.org/)   
[American Association for Marriage and Family Therapy](http://www.aamft.org/)   
[American Counseling Association](http://www.counseling.org/)   
[American Psychiatric Association](http://www.psych.org/)   
[American Psychological Association](https://www.apa.org/)   
[Association for Psychological Science](https://www.psychologicalscience.org/)   
[Canadian Mental Health Association](http://www.cmha.ca/)   
[Center for Mental Health Services](http://www.samhsa.gov/about/cmhs.aspx)   
[National Institute of Mental Health](https://www.nimh.nih.gov/)   
[Mental Health America](http://www.nmha.org/)   
[Substance Abuse and Mental Health Services Administration](http://www.samhsa.gov/)

**Attention-Deficit Hyperactivity Disorder**   
[ADDA - Attention Deficit Disorder Association](https://www.add.org/)   
[Attention-Deficit Hyperactivity Disorder, NIMH](https://www.nimh.nih.gov/health/topics/attention-deficit-hyperactivity-disorder-adhd/index.shtml)   
[Born to Explore: The Other Side of ADD/ADHD](http://borntoexplore.org/)

**Child Abuse and Domestic Violence**   
[Childhelp USA®](http://www.childhelp.org/)   
[SAMHSA's Children and Families](http://www.samhsa.gov/families/index.aspx)   
[SAMHSA's Protection and Advocacy](http://www.samhsa.gov/publicAwareness/)   
[Questions and Answers about Memories of Childhood Abuse](https://www.apa.org/topics/trauma/memories.aspx)   
[The National Domestic Violence Hotline Website](http://www.ndvh.org/)

**Chronic Fatigue**   
[Chronic Fatigue Syndrome](http://www.cdc.gov/cfs/)

**Depression**   
[Bipolar Disorder News - Pendulum.org](http://www.pendulum.org/)   
[Depression and How Therapy Can Help](https://www.apa.org/topics/depress/recover.aspx)   
[Depression Screening](http://www.depression-screening.org/)   
[Depression Test, Symptoms of Depression, Signs of Depression](http://depression.realage.com/)

**Developmental Disorders**   
[Asperger's Disorder](http://www.ninds.nih.gov/disorders/asperger/asperger.htm)   
[NeuroWeb](http://spinwarp.ucsd.edu/NeuroWeb/)   
[Yale Autism Program](http://www.med.yale.edu/chldstdy/autism/)

**Diagnosis**   
[DSM-IV-TR: Diagnoses and Criteria](http://behavenet.com/apa-diagnostic-classification-dsm-iv-tr)

**Dissociation and Traumatic Stress**   
[Sidran Traumatic Stress Institute](http://www.sidran.org/)

**Eating Disorders**   
[Academy of Nutrition and Dietetics](http://www.eatright.org/)   
[Something Fishy](http://www.something-fishy.org/)

**Journals & Magazines**   
[ADHD Report](http://www.addwarehouse.com/shopsite_sc/store/html/product311.html)   
[Anxiety, Stress and Coping](http://www.tandf.co.uk/journals/titles/10615806.html)   
[Autism](http://www.sagepub.com/journalsProdDesc.nav?prodId=Journal200822)   
[Childhood](http://www.sagepub.com/journalsProdDesc.nav?prodId=Journal200979)   
[Contemporary Hypnosis](http://onlinelibrary.wiley.com/journal/10.1002/%28ISSN%291557-0711)   
[Dementia](http://www.sagepub.com/journalsProdDesc.nav?prodId=Journal201266)   
[Depression and Anxiety](http://www.adaa.org/resources-professionals/depression-and-anxiety-journal)   
[Drug and Alcohol Review](http://onlinelibrary.wiley.com/journal/10.1111/%28ISSN%291465-3362)   
[Dyslexia](https://www.springer.com/education+%26+language/linguistics/journal/11881)   
[Early Child Development and Care](http://www.tandf.co.uk/journals/titles/03004430.html)   
[Eating Disorders](http://www.tandf.co.uk/journals/titles/10640266.asp)   
[Educational Assessment](https://www.springer.com/education+%26+language/journal/11092)   
[Journal of Gambling Studies](https://www.springer.com/medicine/psychiatry/journal/10899)   
[Journal of Happiness Studies](https://www.springer.com/social+sciences/well-being/journal/10902)   
[Journal of Mental Health and Aging](http://www.tandf.co.uk/journals/titles/13607863.asp)   
[Journal of Sex & Marital Therapy](http://www.tandf.co.uk/journals/titles/0092623X.html)   
[Journal of Sport and Exercise Psychology](http://journals.humankinetics.com/JSEP)   
[Journal of Substance Abuse Treatment](http://www.journals.elsevier.com/journal-of-substance-abuse-treatment/)   
[Language and Cognitive Processes](http://www.tandf.co.uk/journals/pp/01690965.html)   
[Loss, Grief & Care](http://www.informaworld.com/smpp/title~content=t904385074~db=all)   
[Mental Retardation and Developmental Disabilities](http://aaiddjournals.org/)  
[Metaphor and Symbol](http://www.tandf.co.uk/journals/titles/1092-6488.asp)   
[Neuropsychological Rehabilitation](http://www.tandf.co.uk/journals/titles/09602011.asp)   
[Parenting](http://www.developmentalpsychologyarena.com/parenting-science-and-practice-1529-5192)   
[Personal Relationships](http://www.blackwellpublishing.com/journal.asp?ref=1350-4126)   
[Personality and Individual Differences](http://www.journals.elsevier.com/personality-and-individual-differences/)   
[Psychiatric Bulletin](http://pb.rcpsych.org/)   
[Psychology of Men & Masculinity](https://www.apa.org/pubs/journals/men/index.aspx)   
[Psychology Today](https://www.psychologytoday.com/)   
[Stress and Health](http://www.wiley.com/WileyCDA/WileyTitle/productCd-SMI.html)   
[Studies in Gender and Sexuality](http://www.psychoanalysisarena.com/journals/studies-in-gender-and-sexuality-1524-0657)   
[Substance Abuse](https://www.sciencedirect.com/science/journal/07405472)   
[Trauma, Violence & Abuse](http://www.sagepub.com/journalsProdDesc.nav?prodId=Journal200782)

**Medications and Health Supplements**   
[Drug Interactions, Drugs.com](https://www.drugs.com/drug_interactions.html)   
[Drug Interactions, DIRECT](http://www.druginteractioncenter.org/)   
[Medical Dictionary](https://www.nlm.nih.gov/medlineplus/mplusdictionary.html)   
[Medications, FDA](http://www.fda.gov/cder/drug/default.htm)   
[Medication, Internet Mental Health](http://www.mentalhealth.com/p30.html)   
[Medications, PDR](http://www.pdrhealth.com/home/home.aspx)   
[Medline, Comparison](https://www.nlm.nih.gov/medlineplus/druginformation.html)   
[Multivitamins](http://ods.od.nih.gov/Health_information/Vitamin_and_Mineral_Supplement_Fact_Sheets.aspx)

**Mental Health Care General Links**   
[CounsellingResource.com](http://counsellingresource.com/)   
[Internet Mental Health](http://www.mentalhealth.com/)   
[Let’s Talk Facts, APA](http://www.psychiatry.org/mental-health/lets-talk-facts-brochures/lets-talk-facts-brochures)   
[Mental Health Counselor Resources, About.com](http://mentalhealth.about.com/)   
[Mental Help Net](https://mentalhelp.net/)   
[PsychCentral.com](https://psychcentral.com/)   
[University of Michigan Health Library](https://www.uofmhealth.org/health-library)   
[Web Sites You Can Trust, Medical Library Association](http://info.nationaljewish.org/resources/search_results_hssubject.php?healthScience=Consumer+Health+Guide)

**Personality Disorders**   
[Mental Help Net - Personality Disorders](https://www.mentalhelp.net/poc/center_index.php?id=8)   
[Personality Disorders - Focus Adolescent Counselor Services](http://www.focusas.com/PersonalityDisorders.html)

**Suicide Awareness and Hotlines**   
[SAMHSA's Suicide Prevention](http://www.samhsa.gov/prevention/suicide.aspx)   
[Suicide Awareness Voices of Education](https://www.save.org/)   
[Suicide: Read This First](http://www.metanoia.org/suicide/)

**Additional Mental Health Care & Counseling Resources**   
[Disaster/Trauma](http://www.samhsa.gov/trauma/index.aspx)   
[HIV/AIDS](http://www.dpt.samhsa.gov/comor/hivaids.aspx)   
[Interpretation of Dreams](http://www.psychwww.com/books/interp/toc.htm)   
[Keirsey (Myers-Briggs) Temperament Sorter](http://www.keirsey.com/sorter/register.aspx)   
[Signs of Menopause, Symptoms of Menopause](http://www.project-aware.org/Experience/symptoms.shtml)

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